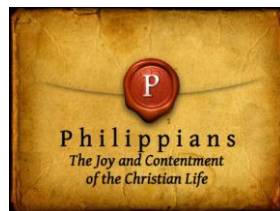


# **The Book of Philippians**

## **The Joy of Prayer, Peace and Practice**

### **August 22, 2010**



#### **Philippians 4:1-9**

Therefore, my beloved brethren whom I long to see, my joy and crown, in this way stand firm in the Lord, my beloved. **2** I urge Euodia and I urge Syntyche to live in harmony in the Lord. **3** Indeed, true companion, I ask you also to help these women who have shared my struggle in the cause of the gospel, together with Clement also and the rest of my fellow workers, whose names are in the book of life. **4** Rejoice in the Lord always; again I will say, rejoice! **5** Let your gentle spirit be known to all men. The Lord is near. **6** Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. **7** And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus. **8** Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things. **9** The things you have learned and received and heard and seen in me, practice these things, and the God of peace will be with you.

#### **Stand Firm In Your Thinking**

1) Stand Firm in your thinking in how you relate to \_\_\_\_\_ (4:1-5)

- Live in Harmony with others (v2)
- Help others (v3)
- Rejoice in the Lord with others (v4)
- Demonstrate gentleness with others (v5)
  - Receive the Word (James 1:21)
  - Relate to Family (1 Peter 3:4)
  - Reply to Questions (1 Peter 3:15)
  - Restore the Fallen (Gal 6:1)

2) Stand Firm in your thinking in how you relate to \_\_\_\_\_ (4:6-7)

- Instead of worry.... Worship (v6)
  - A - adoration
  - C - confession
  - T - thanksgiving
  - S – supplication
- Instead of perfect understanding... Prefect Peace (v7)  
Proverbs 3:5-6

3) Stand Firm in your thinking in how you relate to \_\_\_\_\_ (4:8-9)

- Reflect on the excellent (v8)
- Repeat the Example (v9)

#### **Key Verse Philippians 4:9 (NASB)**

**“The things you have learned and received  
and heard and seen in me,  
practice these things,  
and the God of peace will be with you.”**

#### **To improve my “Thinking” this week, I commit to:**

- ☐ Clear up a matter with another person
- ☐ Improve my demonstration of gentleness
- ☐ Replace my current worries with worship
- ☐ Meditate more on God’s virtues
- ☐ Practice... Practice... Practice
- ☐ Other \_\_\_\_\_

**James 1:22, “But be doers of the word, and not hearers only,  
deceiving yourselves.”**