

Self-Control is More than Getting a Grip

May 30, 2010



Self Control is Expressed in 3 Ways

- E _____ - What you abstain from
- M _____ - What you do with caution
- S _____ - What you do to grow

2 Timothy 2:3-6, “Suffer hardship with me, as a good soldier of Christ Jesus. 4 No soldier in active service entangles himself in the affairs of everyday life, so that he may please the one who enlisted him as a soldier. 5 Also if anyone competes as an athlete, he does not win the prize unless he competes according to the rules. 6 The hard-working farmer ought to be the first to receive his share of the crops.

2 Peter 1:4-7, “...He has granted to us His precious and magnificent promises, so that by them you may become partakers of the divine nature, having escaped the corruption that is in the world by lust. 5 Now for this very reason also, applying all diligence, in your faith supply moral excellence, and in your moral excellence, knowledge, 6 and in your knowledge, self-control, and in your self-control, perseverance, and in your perseverance, godliness, 7 and in your godliness, brotherly kindness, and in your brotherly kindness, love.

How to Live a Life of Self-Control

1 Corinthians 9:24-27

- 1) Live with D _____ (9:24)
- 2) Live with D _____ (9:25)
- 3) Live with D _____ (9:26)
- 4) Live with D _____ (9:27)

Memory Verse

Psalm 60:12 (NIV), “With God we will gain the victory...”

My Next Step Is To:

- Memorize Psalm 60:12 or one of the verses shared today
- Turn from my sins and put my faith in Jesus today.
- Be baptized by immersion showing that He controls your life.
- Ask God what area of your life is “out of control” and determine to overcome it with God’s help!

James 1:22, “But be doers of the word, and not hearers only, deceiving yourselves.”