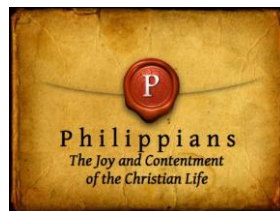


The Book of Philippians

The Joy of Contentment

August 29, 2010



Philippians 4:10-23

10 But I rejoiced in the Lord greatly, that now at last you have revived your concern for me; indeed, you were concerned before, but you lacked opportunity. **11** Not that I speak from want, for I have learned to be content in whatever circumstances I am. **12** I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need. **13** I can do all things through Him who strengthens me. **14** Nevertheless, you have done well to share with me in my affliction. **15** You yourselves also know, Philippians, that at the first preaching of the gospel, after I left Macedonia, no church shared with me in the matter of giving and receiving but you alone; **16** for even in Thessalonica you sent a gift more than once for my needs. **17** Not that I seek the gift itself, but I seek for the profit which increases to your account. **18** But I have received everything in full and have an abundance; I am amply supplied, having received from Epaphroditus what you have sent, a fragrant aroma, an acceptable sacrifice, well-pleasing to God. **19** And my God will supply all your needs according to His riches in glory in Christ Jesus. **20** Now to our God and Father be the glory forever and ever. Amen. **21** Greet every saint in Christ Jesus. The brethren who are with me greet you. **22** All the saints greet you, especially those of Caesar's household. **23** The grace of the Lord Jesus Christ be with your spirit.

Learn to Be Content

1) Learn through _____ (4:12-13)

- _____ Happens (v12)
- _____ Strengthens (v13)

2) Learn through _____ (4:14-16)

- Be _____
- Be _____
- Be _____

3) Learn through _____ (4:17-19)

- Be _____
- Be _____
- Be _____

Key Verse Philippians 4:11 (NASB)

"For I have learned to be content in whatever circumstances I am."

To improve my "Learning" this week, I commit to:

- ☐ Accept the changes that happen
- ☐ Seek strength and confidence in Christ
- ☐ Find someone in need and meet that need
- ☐ Receive for others people's benefit
- ☐ Receive from Christ with contentment
- ☐ Other _____

James 1:22, "But be doers of the word, and not hearers only, deceiving yourselves."